

City of Concord Parks & Recreation
5-6 Coed Youth Basketball
Rules & Regulations

Article 1. Eligibility

Section 1. Age Divisions

A player's age as of August 31, 2014 will determine the age group they participate in: Example: A player is 6 years old on August 31, 2014 will play in the 5-6 year old division.

A. 5-6 Yr. Instructional Division

Section 2. A younger player may participate in an upper age division with approval from the local league association. However, after one game in the upper age division, the player will be ruled ineligible to participate in his or hers respective age group and must remain in that age group for the current season.

Section 3. A player cannot participate in more than one organized basketball league or division that is sponsored by the co-sponsoring agencies of the Cabarrus County Youth Basketball League.

Section 4. The league coordinator will approve each player's age by the use of birth certificates.

Section 5. Each player must be on the official team roster before the first game to be eligible to play in a league game.

Section 6. A new resident may be added to a team roster after the cutoff date with the approval of the league coordinator.

Article 2. Program Objectives

Section 1. To contribute to the participants; physical skill, emotional maturity, social development, health, happiness, and moral support.

Section 2. To teach the participant values of cooperation and the spirit of competition in a controlled game situation.

Section 3. To provide athletic opportunities for all ages in each community through the use of public recreation centers.

Article 3. Team Composition

Section 1. All teams should be formed with players and coaches after the initial draft. If a team drops to 6 players, the local coordinator has the authority to add players to that roster. No team shall exceed 10 players.

Section 2. After the initial draft, the league coordinator must draft all new players.

Article 4. Duties and Responsibilities of the Coach

Section 1. To provide instruction of basketball related skills and promote sportsmanship among all participants.

Section 2. All coaches must complete the Background Screening process and have a photo ID badge (only if team is playing countywide) on at all practices and games.

Section 3. All head coaches for age groups 3-15 must be at least 18 years of age.

City of Concord Parks & Recreation
5-6 Coed Youth Basketball
Rules & Regulations

- Section 4. The coach is responsible for turning in lineups to the official scorekeeper ten minutes before the scheduled game time. Failure to do so will result in a warning.
- Section 5. It is up to the coach of each team to maintain proper conduct among his team at all times. Failure to do so may result in disciplinary actions being taken by the gym supervisor and the league coordinator.
- Section 6. Coaches should always keep in mind they are setting examples in sportsmanship and fair play and should conduct themselves accordingly at all times.
- Section 7. Any coach not carrying out the duties and responsibilities as established will be subject to dismissal from the league.
- Section 8. A coach may be suspended indefinitely for playing ineligible players.
- Section 9. Coaches are to be present at mid court during the post game handshake to watch for any unnecessary behavior by players and other coaches. Any disruptive behavior by a player or coach during the post game handshake will result in a 1 game suspension.

Article 5. Game and Practice Postponements

- Section 1. In case of inclement weather, local coordinators will contact other coordinators on cancellations. If before 3pm please check the Hotline.
- Section 2. In situations where the games have begun for the day, the local association can cancel and suspend games if inclement weather exists. Please contact coach.
- Section 3. Any time school is canceled because of inclement weather, all practices and games scheduled for that day at all sites are cancelled. If school is cancelled on a Friday because of inclement weather, games scheduled for the following Saturday are also cancelled.

Article 6. Jurisdiction of Rules

- Section 1. The Cabarrus County Youth Basketball League Board has jurisdiction of the Cabarrus County Youth Basketball League Rules & Regulations. This board may make amendments to the rules and regulations in order to obtain program objectives.

Article 7. Officials

- Section 1. Officials will have complete control of all game situations and their calls will be final.
- Section 2. After the game has begun, assigned officials, local coordinators, or athletic staff members will be responsible for discontinuing the game for any reason.
- Section 3. Officials should report ejections (by phone call) to the local coordinator of the home site at which they are officiating. Coordinators are then responsible for contacting the appropriate coordinator of the team/player.
- Section 5. In the event that no official is present, the coaches should start the game on time and play until the official arrives. The game cannot be protested when no official is present.

City of Concord Parks & Recreation
5-6 Coed Youth Basketball
Rules & Regulations

Article 8. Code of Conduct

- Section 1. If a player, coach, or spectator is removed from a game or facility by an official or gym supervisor for unsportsmanlike conduct (profanity, disruptive behavior, etc), said person automatically **suspends self from the next 1 games** for which that team is scheduled to play and from all practices before then. A coach who is suspended may not coach or practice with any team that he is affiliated with during that time, regardless of age group.
- Section 2. Any time a player or coach is suspended twice during the season, he or she will be dismissed for the remainder of the season. If the ejection occurs in the last game of the season, then the offender is placed on indefinite suspension.
- Section 3. Any player, coach, or spectator that pushes, strikes, shoves, or threatens an official, gym supervisor, staff member, opposing player or coach, or fan with bodily harm, verbal abuse, or other inappropriate conduct before, during, or after a game **will receive an indefinite suspension** from all Cabarrus County sponsored youth leagues.
- Section 4. If a player, coach, or spectator is involved in a fight before, during, or after a department sponsored practice or game, that person is suspended from participating in any Cabarrus County sponsored youth league for one year.
- Section 5. Any player or coach who refuses to abide by any officials' decision could result in suspension from the game or game forfeiture.
- Section 6. No player or coach shall be guilty of objectionable demonstrations of ball throwing, stomping, kicking, etc. due to an official's decision. If so, a two shot technical foul and suspension from the game may result.
- Section 7. Indefinite suspension is at the discretion of the association for which that participant is signed up to play or coach.
- Section 8. Ejected players must remain on the bench during the game. Exception: A player may leave with a parent or guardian.

Article 9. Miscellaneous

- Section 1. Late Players: Coaches will not be responsible for the participation rule for players who may arrive after the game has started. If a coach desires to enter a player who has arrived late, the participation rule is in effect and must be met in each period once the player is placed into the game. All players should be listed in the scorebook at the start of the game. No technical foul will be given if a player arrives after a game has started. Players cannot be entered into a period if they arrive with less than 3 minutes left in that period. A player arriving with less than 3 minutes in a period cannot meet the participation rule; however, that player is eligible to participate in the next quarter or period.
- Section 2. Missing Practices: A player must attend practice to be eligible for a game (at discretion of head coach). The head coach should notify the official scorekeeper and local league coordinator if a player will not be playing due to missing practices. The timekeeper/scorekeeper should also be notified when turning in your lineup card.

City of Concord Parks & Recreation
5-6 Coed Youth Basketball
Rules & Regulations

- Section 3. In the event that the Head Coach or Assistant Coach is unable to attend a game, the acting coach must be a **Certified/Approved** Youth Volunteer and be of at least 18 years of age (age division 3-14). It is their duty to be aware of all rules and regulations for the game.
- Section 4. Game Balls / Goal Height
Women's Size (28.5) / 8 ft goals
- Section 5. Jump Balls/Alternating Possessions
Jump Balls will be used to start a game. The team not gaining control of the jump ball will start the alternating possession procedure.
- Section 6. All spectators are required to sit on the sides opposite of the teams. The officials and gym supervisors will enforce this rule.

Article 10. Game Preparation

- Section 1. There will be a 10 minute grace period for games.
- Section 2. Scheduled game time will be delayed only if preceding game is still in progress.
- Section 3. Teams should be at the site ready to play thirty minutes ahead of scheduled game time.
- Section 4. Starting time may proceed regular scheduled time if both coaches & officials mutually agree.
- Section 5. All teams must start with at least 4 of their eligible team members. A team is not allowed to pickup players to make 5. A team may finish with less than 5 players. If a team has less than 5 player the other team must match the same number of players on the court.
- Section 6. A five-minute warm up will be allowed between games.
- Section 7. Halftime will be 5 minutes in length.

Article 11. Game Playing Time

- Section 1. This age group will play four (4) eight (8) minute periods in order to allow ample time for coaches to substitute players. Two (2) periods will be considered first half next two (2) will be considered second half. There will be a five (5) minute halftime. **The clock will stop for shooting fouls, runaway balls, injuries, and timeouts and the last 2 minutes in the 2nd period and 4th period.**
- Section 2. Each team will be allowed 2 timeouts per game half. These timeouts may be utilized at the discretion of the coach. The time outs will not carry over to next half.
- Section 3. No Overtime Periods: For the 5-6 year old age group.

Article 12. Game Playing Rules

- Section 1. No score will be kept in this age group only a running clock
- Section 2. No foul out by players – The focus will be on player instruction and teaching.

City of Concord Parks & Recreation
5-6 Coed Youth Basketball
Rules & Regulations

- Section 3. One coach from each team will be allowed on the court to help with instructions. Up to one additional coaches will be allowed on the bench to help with substitutions and players on the bench.
- Section 4. Teams must play a zone within the block area **(at least one foot must be on the box (RED LINE))**. No block shots or steals **unless in the box area ONLY in box can a player block or steal the ball**. Traveling will not be called in this league – players are just learning to dribble and we would like to encourage the skill.
NO Pressing Defense – the offense must allow the defense to get back
NO FAST BREAKS – until the last 2 minutes in the 4th. A player must dribble during a fast break (traveling will be called ONLY at this time)
- Section 5. The free throw line will be the white line – only free throws for shooting fouls.
- Section 6. Games will be played cross court
- Section 7. Participation Rule; applies a player must either start the first (1) period or second (2) period and must play (3) minutes consecutively.
- A. The horn shall sound and clock will stop at **the 5:00 minute mark and 2:00 minute mark** of each period with the exception. To help coaches make substitutions. This will be an official's timeout. The scoring table will notify the coaches when players are left to be put into the game.
- B. It is the duty of the coach to see that each child plays the minimum amount of time.
- C. Failure to do so will result in a warning and possible suspension from the league supervisor.
- D. If a player leaves the game for an injury, sickness, etc when and if they reenter the game and there is time for the player to get in its required minutes, then they shall do so. If not, there is not penalty for a player who leaves for injury, sickness, etc. and does not get in their allotted time.
- Section 7. Any bleeding by a player or a player with blood on the jersey/shorts cannot reenter the game until the bleeding has stopped and a new uniform is used.
- Section 8. Any player caught swinging elbows, regardless if contact is made with an opposing player, will receive a warning and may be asked to sit down. The results will be a change of possession.
- Section 10. T-shirts of any color may be worn under the player's jerseys.
- Section 11. Coaches may notify opposing coaches and referees prior to the start of each game if they have a player with a medical condition that may require them to leave the game if circumstances dictate. If this happens the coach should notify the referee, have the referee stop the clock and the player removed. There is no penalty for a player being removed and the player is eligible to return to the game. The team/player/coach is not penalized if the participation rule is not met.